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Emotional Intelligence: Why EQ Can Often Matter More Than IQ (Control Your Emotions, Communication Skills, Social Skills, IQ, Success)

EMOTIONAL INTELLIGENCE MASTERY

WHY EQ CAN OFTEN
MATTER MORE THAN IQ

"The mind is a
beautiful servant, a
dangerous master"
Osho

James L. Austin



Synopsis

Want To Know Why Emotional Intelligence Can Be More Important Than IQ? Do you want to know how to develop your EQ? So many of us develop our intelligence and find out this doesn't directly translate into success. How is it people with worse qualifications can sometimes get the job? Emotional Intelligence or "EQ" is your ability to control your emotions, be empathetic to others and apply the right emotional leverage at the right time to get a desired outcome. Imagine if you could feel rock star confidence when you needed it or to be able to switch from a depressing low state mood to a happy upbeat state in an instant. Our emotions significantly affect our lives and so many of us fail to learn how to use them to change the results in our lives. It is also often it is our ability to connect with other human beings that gets us to where we want to go. In this book I will show you how to master this aspect of your life. In this book you will learn: How to change your emotions at a moment's notice. How to begin to connect with others. How to have better relationships in your life. How to read people. How your emotions warp decisions and how to deal with it....and much more. I am also offering a 30 day MONEY BACK Guarantee if you aren't satisfied for any reason. This is a limited discounted price, so take action while you can.

Book Information

File Size: 614 KB

Print Length: 120 pages

Simultaneous Device Usage: Unlimited

Publication Date: August 25, 2016

Sold by: Â Digital Services LLC

Language: English

ASIN: B01L2FGWBC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #21,817 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #7 in Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Men's Health > General #20 in Â Books > Health, Fitness & Dieting > Men's Health > General #25 in Â Kindle Store > Kindle eBooks > Business & Money > Education & Reference > Business Skills

Customer Reviews

I heard of the phrase emotional intelligence before couple years ago but never really gave it a chance to see how truly important it can be of my everyday life. There are lots of times where I am in certain situations where my emotion can play out of place and lead me to a road of confusion. Well, started reading this book and learned a whole of information about EQ that surely blew me away. This book takes the time to describe in detail about the importance of emotional intelligence and how it can be applied in all kinds of situations of a normal social life. Emotional intelligence has been found to be very important in determining our success in life. By reading this book and learning more about the issue, you may be able to increase your emotional aptitude, thus increasing your chances of a happy and successful life.

I thoroughly enjoyed this book and also found it really useful in helping me understand and improve my everyday interactions with the rest of the world. In some ways I was the ideal reader - strong in academic abilities, with a willingness to be convinced by reasonable argument, but less than successful in my relationships with other people. The book concludes with a hopeful look at the future and the possible fruits of research into brain plasticity and the promises of new technology. I enjoyed it!

Excellent! This was well written and very informative, Ian writes about many things which we are all aware of but may not know how to change. Now we do. It is a very helpful book if you want to really change your Emotional Intelligence and be more aware, more positive and happier. Really worth recommending!

This is an amazing book, emotions are a piece of our hereditary cosmetics, however acing control over them is the thing that we are never educated yet need to experience them, figure out how to modify or acknowledge to proceed with the energy of life. In the event that you have confidence in self-improvement then this book is an absolute necessity read to enhance your EQ and having Emotional knowledge is one of the essentials roots that manufactures a strong character.

I am just getting into the book, but I am really enjoying what I have read so far. My graduate degree is in health sciences, and I am also an educator in this discipline. This is perfect for the educator at any level. I believe that this is indeed a beginner's guide that will make the understanding of Emotional Intelligence a little better. Although a lot has been said about Emotional Intelligence, still

we need solid info about it. And this book was able to show that by being emotionally intelligent and being a balanced person, we will find ourselves more liked by others and we'll be successful as well. It is said that having some management abilities and social skills will be more effective as long as we develop our emotional skills. This book has made some good discussions on this topic too. Thanks

This book is a bank of information. This one here is discuss about Emotional Intelligence or EI or EQ. Its is the ability to be aware of, control , and express one's emotions , and to handle interpersonal relationships judiciously and empathetically. In this book , they will show us, how to master this aspect of our life. In this book you will learn ,How to change your emotions at a moment's notice , How to begin to connect with others, How to have better relationships in your life , How to read people , How your emotions warp decisions and how to deal with it , ..and much more. this book will be so helpful for you , It give a better idea about Emotional Intelligence. I recommend this to everyone.

The mind and heart are key factors when it comes to dealing with emotions. This book portrays the need of understanding and having Emotion Intelligence. I am really impressed by the information contained in this book. Different people have their different IQ and EQ respectively and dealing with them becomes a matter of kind/soft approach. This is the benefit of this book, when you understand and master your Emotional Intelligence, dealing with people becomes less stressful because you learn how to understand your emotions in relation to other people's own and you also learn how to deal with different emotional issues that affects you. Good read.

Emotional intelligence is all about having the ability to use your emotions to develop self-discipline and to function at your full capacity. To miss out on developing this is to miss out on finding out what life can truly be and what your greatest potential really is. People without emotional intelligence have a hard time controlling themselves, motivating themselves when itâ™s most important, and functioning well in relationships. People without emotional intelligence have a hard time controlling themselves, motivating themselves when itâ™s most important, and functioning well in relationships.

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